



PIZZA FLIGHTS

21.29

Your choice of three 6" pizzas, served with honey dill dip, Sriracha ranch dip, and creamy garlic dip. Try the **NEW** Summer Pesto Chicken Pizza in a Pizza Flight!





BEEF SLIDERS 16.49

NEW CHERRY COLA

Cherry Cola BBQ shaved beef on three garlic-toasted slider buns with cheddar, roasted red onions, sweet peppers, and mayo. Add a side starting from: 3.80



NEW SWEET HEAT CHICKEN SANDWICH 18.99

Pineapple habanero glazed fried

chicken breast, topped with pineapple slaw, lettuce, tomatoes, and mayo on a toasted brioche bun. Served with your choice of one side.





18.49 Cajun chicken, lettuce, tomatoes, bacon, cheddar,

CAJUN CHICKEN CAESAR WRAP 0

NEW

green onions, and Caesar dressing wrapped in a grilled flour tortilla. Served with your choice of one side.



Two beer-battered haddock fillets served with fries,

NEW FISH & CHIPS

coleslaw, honey dill dip, and tartar sauce.

21.99



S 21.29 L 36.29 8" Cauliflower Crust 18.89 G

I 15.59

seasoned grilled chicken, roasted red peppers, red onions, and goat cheese.

M 30.29





Add a side starting from:

3.80

Cajun-dusted fried haddock, creamy lime coleslaw, tomatoes, pizza mozzarella, green onions, avocado lime sauce, and cilantro.



NEW CACTUS CUT SUNDAE 0

7.99

The ultimate sweet and spicy combo! Our signature Cactus Cut Potatoes, topped with vanilla ice cream, maple caramel, bacon, and icing sugar.



BIGSIP ENERGY

NEW SPIKED WHITE PEACH RED BULL

8.99

Red Bull Summer Edition with the taste of white peach, spiked with Polar Ice Vodka. (I oz)

Boston Size It (add I oz) 3.50

NEW TROPICAL SLUSH MARGARITA

8.99

Altos Plata Tequila, Triple Sec, strawberry puree, pineapple syrup, lime juice, and citrus slush. Garnished with mint and a lime wedge. (I oz)

Boston Size It (add I oz) 3.50

NEW SPICY MARGARITA

10.29

Altos Plata Tequila, spicy agave, Triple Sec, and lime juice, with a Tajin rim. (2 oz)

CLASSIC MARGARITA

9.79

Altos Plata Tequila, Triple Sec, lime juice, and a salted rim. (2 oz)

BULLDOG MARGARITA FISHBOWL

13.79

Altos Plata Tequila and Triple Sec blended with lime juice and served with a bottle of Corona Extra. (I.5 oz spirit, 330 ml Corona)



APPS & SHAREABLES

(A) The Triple Play 🙆

A shareable portion of three guest favourites: Bandera Bread, Thai Bites, and Cactus Cut Potatoes. 22.99 (Serves 4; 435 Cals/Serving)

Bandera Bread 🏋 🛭

Pizza bread, Italian spices, pizza mozzarella, and Parmesan. Served with Santa Fe ranch dip.

Individual I2.59 (960 Cals)

Medium 24.29 (Serves 4; 515 Cals/Serving)

Thai Bites 🌟 🙆

Breaded chicken, sweet Thai chili sauce, crunchy Asian noodles, carrots, green onions, and sesame seeds. I6.79 (Serves 2; 330 Cals/Serving)

Cactus Cut Potatoes 🛨 🙋

Spicy and thinly sliced fried potatoes. Served with cactus dip. 13.79 (Serves 3; 390 Cals/Serving)

Deep Fried Pickle Wedges

Dill pickle spears, lightly fried and served with buttermilk ranch dip. 10.99 (Serves 2; 280 Cals/Serving)

Spinach & Artichoke Dip

Spinach, artichokes, roasted garlic, pizza mozzarella, Cajun seasoning, tomatoes, feta, and Parmesan. Served with pizza bread. I5.99 (Serves 3; 380 Cals/Serving)

Ultimate Canadian Poutine

Bacon strips, cheese curds, pizza mozzarella, and maple gravy piled on fries and topped with green onions. I5.99 (I300 Cals)

Classic Nachos

Tortilla chips topped with cheddar, pizza mozzarella, green peppers, olives, jalapeños, tomatoes, green onions, and your choice of protein. Served with salsa and sour cream. 23.29 (Serves 5; 420 Cals/Serving)

- Seasoned Ground Beef (I30-260 Cals)
- BBQ Chicken (70-I40 Cals)
- Spicy Chicken (60-120 Cals) ሰ
- Barbacoa Beef (I50 Cals)

Quesadillas 🛈

Add guacamole 3.99 (160 Cals)

Starter size 18.29 (Serves 3; 350 Cals/Serving)

A stack of mini quesadillas packed with pizza mozzarella, cheddar, fire-roasted corn, onions and peppers, ancho chipotle sauce, fresh tomatoes, and green onions. Served with salsa and sour cream.

Choose from:

- Grilled Chicken (790 Cals)
- Barbacoa Beef (820 Cals)

Add a side starting from: 3.80

Garlic Parmesan Fries

Golden fries tossed with garlic and Parmesan. Served with cactus dip. 10.79 (Serves 3; 385 Cals/Serving)

Rich beef broth with sherry and sweet onions, topped with crostini and baked with Gouda, provolone, pizza mozzarella, and Parmesan.

Bowl 10.49 (260 Cals)

Soup of the Day

Bowl Served with garlic toast. 8.99 (230-630 Cals)

Cup 6.49 (30-400 Cals)

WINGS & THINGS

Served with fresh veggies and your choice of blue cheese or ranch dip. Combos are single-sized and served with your choice of one side.

Combo 21.59

Fried Wings 席 or Oven-Roasted Wings G (780-1650 Cals) **Double** 26.79 **B Combo** 20.59

Single 17.99

(570-II40 Cals)

All Meat Bites®

Double 28.79

All flavours except BBQ and Maple BBQ are GlutenWise*. C

Single 18.99

Chicken Tenders Combo 17.79

15.79 (400 Cals)

Choose Your Flavour

• Mild (150-300 Cals) ሰ

- Medium (IIO-220 Cals) 🙋 • Hot (80-160 Cals) \delta
- BBQ (90-180 Cals)
- Hot Honey (100-200 Cals) 🙋 • Thai Chili (IIO-220 Cals) 2
- Honey Garlic (120-240 Cals)
- Maple BBQ (I00-200 Cals) Sweet Thai Honey Garlic

(120-230 Cals) 1

- Pineapple Habanero (I40-270 Cals) 🔞 Buffalo Ranch (190-380 Cals) 2
- Cajun Dry Rub (15-35 Cals) ሰ • Salt and Pepper Dry Rub (5-10 Cals) 🚖
- **NEW Lemon Pepper Dry Rub** (10-30 Cals)
- Garlic Chili Lime Dry Rub
- (170-350 Cals) 🚺

Calorie range: Single-Double

Calories for sauce and sides are additional to those listed for wings.





Adults and youth (ages I3 and older) need an average of 2,000 calories a day, and children (ages 4-I2) need an average of 1,500 calories a day. However, individual needs vary.





PIZZA

🔼 Spicy Perogy 눚 🙋

Sour cream, bacon, Cactus Cut Potatoes, pizza mozzarella, cheddar, green onions, and a dollop of sour cream.

114.99 (1040 Cals/Pizza) **S** 20.79 (230 Cals/Slice) **M** 29.79 (300 Cals/Slice) L 34.99 (360 Cals/Slice)

8" Cauliflower Crust 18.29 (1090 Cals/Pizza) Ğ

Whisky BBQ Chicken `

J.P. Wiser's Whisky BBQ sauce, BBQ chicken, bacon, balsamic-roasted red onions, pizza mozzarella, cheddar, and a buttermilk ranch drizzle.

115.99 (940 Cals/Pizza)

\$ 21.99 (210 Cals/Slice) M 30.49 (260 Cals/Slice)

L 36.49 (320 Cals/Slice)

Carbonara Pizza

Garlic butter, Alfredo sauce, grilled chicken, bacon, pizza mozzarella, Italian spices, and Parmesan.

114.59 (900 Cals/Pizza)

\$ 20.79 (200 Cals/Slice) M 29.79 (260 Cals/Slice)

L 34.99 (310 Cals/Slice) 8" Cauliflower Crust I7.89 (980 Cals/Pizza) 🔓

Tropical Chicken 0

Alfredo sauce, spicy chicken, bacon, pineapple, pizza mozzarella, and cheddar.

115.29 (870 Cals/Pizza) \$ 20.99 (190 Cals/Slice) M 29.99 (250 Cals/Slice)

L 35.79 (300 Cals/Slice)

8" Cauliflower Crust I8.59 (950 Cals/Pizza) Ğ

NEW Triple Pepp Pizza

Signature pizza sauce, pizza mozzarella, and a hat trick of pepperonis: traditional dry-cured, shredded, and cup-and-crisp.

114.29 (860 Cals/Pizza) \$ 19.99 (180 Cals/Slice) M 28.99 (240 Cals/Slice)

L 33.99 (290 Cals/Slice) 8" Cauliflower Crust I7.59 (940 Cals/Pizza) 🔓

NEW Italian Deli Pizza

Signature pizza sauce, pepperoni, smoked ham, cherry tomatoes, mushrooms, pizza mozzarella, Italian spices, and a creamy Alfredo drizzle.

114.79 (730 Cals/Pizza) \$ 20.49 (I50 Cals/Slice) M 29.49 (200 Cals/Slice)

L 34.49 (240 Cals/Slice)

8" Cauliflower Crust 18.09 (810 Cals/Pizza) [

Deluxe

Signature pizza sauce, pepperoni, smoked ham, green peppers, pizza mozzarella, and mushrooms.

114.29 (720 Cals/Pizza) \$ 20.29 (I50 Cals/Slice)

M 28.99 (200 Cals/Slice) L 33.99 (240 Cals/Slice)

8" Cauliflower Crust I7.59 (800 Cals/Pizza) 🔓

Mediterranean 🥒

Signature pizza sauce, pizza mozzarella, feta, olives, spinach, mushrooms, red onions, fresh tomatoes, and a pesto drizzle.

I 14.99 (840 Cals/Pizza) \$ 20.79 (160 Cals/Slice) M 29.79 (230 Cals/Slice) L 34.99 (280 Cals/Slice)

Signature pizza sauce, pizza mozzarella, mushrooms, green peppers, red onions, Italian spices, and fresh diced tomatoes.

113.79 (620 Cals/Pizza) \$ 18.99 (130 Cals/Slice) M 28.79 (170 Cals/Slice) L 33.29 (210 Cals/Slice)

8" Cauliflower Crust I7.09 (690 Cals/Pizza) 🕞 The Meateor™ 🖈 ዕ

Beefy Bolognese sauce, spicy Italian sausage, pepperoni, seasoned ground beef, smoked ham, and pizza mozzarella. I 14.79 (850 Cals/Pizza)

\$ 20.49 (180 Cals/Slice) M 29.49 (240 Cals/Slice) L 34.49 (300 Cals/Slice) 8" Cauliflower Crust 18.09 (900 Cals/Pizza) 🗲

Roval Hawaiian

Sweet Thai honey garlic, smoked prosciutto, bacon, pineapple, red onions, Gouda, provolone, Parmesan,

pizza mozzarella, and sesame seeds. 115.79 (910 Cals/Pizza)

M 30.49 (270 Cals/Slice) L 36.49 (320 Cals/Slice) <mark>8" Cauliflower Crust</mark> 19.09 (960 Cals/Pizza) 😋

\$ 21.59 (200 Cals/Slice)

1. Choose Your Size 8"Individual II.49 6 Slices (630 Cals/Pizza) 8 Slices (I20 Cals/Slice)

CREATE YOUR OWN PIZZA

10" Small 15.99 13" Medium 23.29

10 Slices (160 Cals/Slice) 12 Slices (200 Cals/Slice) 15" Large 26.99 2. Choose Your Crust **BP**'s Original Crust 8" Cauliflower Crust [14.79 (700 Cals/Pizza)

Extra charges apply. Not sure what we've got? Just ask! Additional toppings range from 5-320 calories per topping.

3. Choose Your Toppings & Pizza Dips

ADD A DIP FOR 2.89

• Cactus Dip (380 Cals) • Chipotle (270 Cals)

All pizza dips are GlutenWise**. 🔓 • Blue Cheese (340 Cals)

• Creamy Garlic (450 Cals)

• Honey Dill (520 Cals)

• Santa Fe Ranch (300 Cals) • Sriracha Ranch (380 Cals)

• Pizza Sauce (50 Cals) • Ranch (450 Cals)

• Hot Honey Garlic (100 Cals)

© Buffalo Chicken Pizza 🕏

NY SICILIAN SQUAREFOOTER™ PIZZAS

12-inch square pizzas, topped edge to edge on our soft, airy dough with a crispy garlic crust!

sauce and buttermilk ranch. 32.29 (350 Cals/Slice) **Loaded Pepperoni**

& Bacon Pizza Signature pizza sauce, shredded pepperoni, bacon, pizza

mozzarella, cheddar, and a pizza sauce drizzle on top. 32.29 (370 Cals/Slice)

Buttermilk ranch sauce, spicy chicken, pizza mozzarella, red onions, green onions, and drizzles of Buffalo hot

NEW Pineapple

Express Pizza Signature pizza sauce, BBQ chicken, pineapple, pizza mozzarella, red onions, and a smoky BBQ sauce drizzle on top. 32.29 (240 Cals/Slice)

NEW Create Your Own 2-Topping Pizza 32.29 (250 Cals/Slice)

Calories for toppings are additional and range from 5-320 Cals.



PASTA

All pastas are served with garlic toast (I80 Cals). Upgrade to a 3-Cheese Toast for 3.79 (270 Cals). Make It a Meal: 3-Cheese Toast & Starter Salad for IO.29 (440-530 Cals).

🛕 Jambalaya Fettuccini 🜟 🙋

Grilled chicken, marinara sauce, shrimp, spicy Italian sausage, tomatoes, green peppers, green onions, and Cajun seasoning. 23.99 (1350 Cals)

The Hungry Carnivore

Penne, beefy Bolognese sauce, spicy Italian sausage, meatballs, pepperoni, and vegetables. Served with bacon-crusted garlic cheese toast. 23.29 (I690 Cals)

Smoky Mountain Spaghetti & Meatballs

A mountainous serving of spaghetti Bolognese, topped with three meatballs, cheddar, and Parmesan. 24.79 (2010 Cals)

Parmesan Shrimp Alfredo

Spaghetti, white wine Alfredo sauce, garlic-sautéed shrimp, spinach, cherry tomatoes, Parmesan, and lime zest. 22.79 (II60 Cals)

Chicken & Mushroom Fettuccini

Diced grilled chicken, Alfredo sauce, mushrooms, tomatoes, and green onions. 23.29 (1250 Cals)

Spicy Buffalo Chicken Mac & Cheese 🛈

Macaroni, cheesy Buffalo Alfredo sauce, crispy Buffalo chicken, red peppers, topped with panko breadcrumbs, green onions, and Parmesan. 21.99 (1320 Cals)

Ravioli stuffed with Parmesan, Emmental, ricotta, fontina, and Romano, baked with pizza mozzarella and

Baked Seven-Cheese Ravioli

cheddar. Served with your choice of sauce. 21.99 (710 Cals)

Creamy Mushroom & Spinach Bake 🥒

Penne, garlic pesto cream sauce, baby spinach, mushrooms, Gouda, provolone, pizza mozzarella, and Parmesan. 19.99 (1410 Cals)

Mac & Cheese⁵

Macaroni, cheesy cream sauce, cheddar, provolone, Gouda, pizza mozzarella, and Parmesan, topped with cheese and panko breadcrumbs, baked until golden brown. 19.59 (II20 Cals)



CREATE YOUR OWN PASTA

Starting at just 15.49 GlutenWise®‡ Pasta 16.89 🕼

1. Choose Your Noodle • Fettuccini (590 Cals)

- Penne (450 Cals)
- Spaghetti (590 Cals)
- GlutenWise* Fusilli (540 Cals) G • Macaroni (400 Cals)
- 2. Choose Your Sauce

All pasta sauces below are GlutenWise* G

• Tomato Marinara (160 Cals)

- Rosé (220 Cals)
- Creamy Alfredo (270 Cals)
- Beefy Bolognese (160 Cals)
- 3. Add Your Proteins and Vegetables

All proteins and vegetables below except Meatballs are GlutenWise* G

• Mushrooms 2.39 (5 Cals)

- Green Peppers 2.39 (5 Cals)
- Onions 2.39 (IO Cals)
- Spinach 2.39 (IO Cals) • Tomatoes 2.39 (IO Cals)
- Bacon 2.99 (IIO Cals)
- Spicy Italian Sausage 2.99 (80 Cals) ዕ • Three Meatballs 4.79 (510 Cals)
- Shrimp 4.69 (35 Cals)
- Grilled Chicken Breast 6.29 (I50 Cals)
- Salmon Fillet 9.79 (370 Cals)
- Calories in each section of Create Your Own Pasta are additional.

JOIN US FOR PASTA TUESDAY®

Gourmet Pasta

just 15.99 (710-2010 Cals) from II.99 (560-860 Cals)

Add a **Starter Caesar Salad** for 5.99 (260 Cals)

HANDHELDS

All Handhelds are served with your choice of one side, excluding Tacos.

Thai Chicken Wrap

Thai chili chicken, shredded lettuce, red onions, carrots, cilantro, mayo, and crunchy Asian noodles in a grilled flour tortilla. 16.99

Choose from:

- Grilled Chicken (820 Cals)
- Breaded Chicken (860 Cals)

Boston Brute

Genoa salami, pepperoni, smoked ham, pizza mozzarella, onions, and our signature pizza sauce. Served with beefy Bolognese sauce for dipping. 19.29 (880 Cals)

Double the Meat for 3.99 (160 Cals)

A Big Philly Cheesesteak Dipper

Shaved steak, braised onions, crispy onion rings, red and green peppers, Italian cheese blend, and a smoky BBQ mayo. Served with sweet onion au jus. 20.79 (1080 Cals)

Grilled Chicken Clubhouse

Grilled chicken breast, bacon, lettuce, tomatoes, and a drizzle of our secret sauce, on a garlic cheese baked baguette. 19.49 (1040 Cals)

Available on GlutenWise** bun 20.49 (830 Cals) 🔓 **Honey Dill Fried Chicken Sandwich**

green onions, avocado lime sauce, and cilantro. 17.99 (750 Cals)

Buttermilk-breaded chicken, honey dill sauce, bacon, lettuce, tomato, pickles, on a toasted brioche bun.

18.99 (760 Cals) NEW Fish Tacos

Three soft tacos filled with Cajun-dusted fried haddock, creamy lime coles law, to matoes, pizza mozzarella, and the coles law, the c

Add a side starting from: 3.80 (60-620 Cals)

Chicken Tacos

Three soft tacos, creamy lime coleslaw, pizza mozzarella, tomatoes, ancho chipotle sauce, green onions,

and cilantro. 16.99 Choose from:

- Grilled Chicken (850 Cals)
- Breaded Chicken (890 Cals)

Add a side starting from: 3.80 (60-620 Cals) NEW Buffalo Chicken Sandwich 0 - 6

Buttermilk-breaded fried chicken breast tossed in your choice of mild, medium, or hot sauce. Topped with bacon, lettuce, tomato, pickle, and ranch dressing, on a toasted brioche bun. 18.99 (900 Cals)

Boston-Sized Burger Two quarter-pound patties, cheddar, lettuce, tomatoes, red onions, pickles, and cactus dip, on a toasted

Available on GlutenWise* bun 21.49 (970 Cals) Add Bacon 2.19 (I20 Cals)

Maple Bacon Burger Quarter-pound beef patty, maple BBQ sauce, cheddar, candied maple bacon, lettuce, tomatoes, red onions,

brioche bun. 18.99 (530 Cals)

brioche bun. 20.49 (IIIO Cals)

Cali Veggie Burger Quarter-pound veggie burger, lettuce, tomatoes, red onions, and ancho chipotle sauce, on a toasted

Available on GlutenWise** bun 19.99 (540 Cals) 🔓

Vegan-friendly[§] option available 19.99 (540 Cals) 🕞

pickles, and mayo, on a toasted brioche bun. 18.79 (1040 Cals)



Romaine, avocado lime dressing, diced ancho chipotle chicken, fire-roasted corn, onions and peppers, green onions, cheddar, tomatoes, guacamole, and cilantro. 19.79 (760 Cals)

Chicken Pecan Salad 📁 Garden greens, candied pecans, pizza mozzarella, cheddar, bacon, cucumbers, carrots, tomatoes, and ranch dressing. 20.79

Choose from:

Grilled Chicken (790 Cals)

Breaded Chicken (950 Cals) Chicken Caesar Salad

Grilled chicken, romaine, bacon, croutons, and Parmesan. 18.29 (680 Cals) Garden Salad 🥒

Garden greens, red peppers, red onions, cucumbers, carrots, beets, and citrus vinaigrette. I4.49 (360 Cals)

Add Grilled Chicken 6.29 (I50 Cals) Add Salmon Fillet 9.79 (370 Cals)

Power Bowls Quinoa, brown rice, spinach, cherry tomatoes, guacamole, beets, carrots, roasted red peppers, and cucumbers.

Choose from:

BOWLS

• Honey Dill Breaded Chicken 20.49 (I230 Cals) 🔼 Barbacoa Burrito Bowl 🛈 Ģ

• Citrus, Cumin & Sesame-Glazed Salmon 23.49 (1260 Cals) [

ancho chipotle sauce, and guacamole, served on quinoa and brown rice. 19.99 (1060 Cals)

Honey Dill Grilled Chicken 20.49 (1080 Cals)

MAINS Chicken Parmesan 🤊

Buttermilk-breaded fried chicken breast, marinara sauce, and pizza mozzarella. Served with spaghetti marinara, garlic toast, and your choice of one side. 23.99 (980 Cals) **NEW Fish and Chips**

Two beer-battered haddock fillets served with fries, coleslaw, honey dill dip, and tartar sauce. 21.99 (1430 Cals)

Half a rack of our slow-cooked pork back ribs and five oven-roasted chicken wings both in your choice of

Barbacoa beef, fire-roasted corn, onions and peppers, with cherry tomatoes, jalapeños, cheddar, sour cream,

sauce. Served with fries, coleslaw, and garlic toast. 29.99 (I250 Cals) Slow-Roasted Pork Back Ribs • Full Rack 29.99 (II40 Cals)

IEW Rib & Wing Duo

• Half Rack 21.99 (730 Cals) Tender, slow-cooked ribs with your choice of sauce. Served with coleslaw, garlic toast, and your choice of

Choose from: BBQ (90-I80 Cals)

 J.P. Wiser's Whisky BBQ (90-180 Cals) Honey Garlic (I20-240 Cals)

one side.

NY Strip Loin Steak Canadian IO-ounce AAA strip loin steak aged a minimum of 28 days. Served with garlic mashed potatoes,

Fries (340 Cals)

Caesar Salad (I40 Cals)

Garden Salad (60 Cals)

Colesiaw (140 Cals)

garlic toast, and your choice of one side. 31.49 (1040 Cals)

Calories for sauce are additional to those listed for ribs.



Garlic Mashed Potatoes (320 Cals)

Quinoa and Rice Blend (610 Cals)

Roasted Carrots (70 Cals)

Calories for sides are additional to those listed for Mains and Handhelds.

Or substitute for 3.99:

Cactus Cut Potatoes (580 Cals) **NEW Poutine (580 Cals)** Sweet Potato Fries (620 Cals) Garlic Parmesan Fries (580 Cals) Onion Rings (560 Cals)

GlutenWise* option available for Coleslaw, Quinoa and Rice Blend, Caesar Salad, and Garden Salad. 🕞

NON-ALCOHOLIC DRINKS

Non-Stop Pop

Free refills 3.99 (0-I70 Cals)



















NEW Island **B**reeze **S**parkler

Orange juice, lime, exotic fruit syrups, and a splash of soda. 4.49 (I30 Cals)

NEW Strawberry Pineapple Sparkler

Strawberry puree, pineapple syrup, lime, and a splash of soda. 4.49 (I40 Cals)

Unicorn Lemonade

Brisk[®] Lemonade topped with iced blue verbena tea. 4.59 (40 Cals)

Fruit Juice

4.29 (160-170 Cals)

Energy Drinks

Red Bull 5.79 (IIO Cals)
Red Bull Sugarfree 5.79 (5 Cals)

Fever-Tree

Ginger Beer 4.59 (200 ml; 80 Cals) Pink Grapefruit 4.59 (200 ml; 80 Cals)

Milk

4.29 (190 Cals)

Chocolate Milk

4.29 (240 Cals)



Dessert Menu.





Adults and youth (ages I3 and older) need an average of 2,000 calories a day, and children (ages 4–I2) need an average of I,500 calories a day. However, individual needs vary.

\$15 Lunch special applies only to items on the \$15 Lunch menu and is available at participating restaurants during specific days and hours as determined by each location. Please ask server for \$15 Lunch special details. Items items are prepared with gluten-free ingredients, however cross contamination may occur during preparation. Syegan-friendly items are prepared with vegan ingredients; however cross contamination may occur during preparation. Prices do not include applicable taxes and are subject to change without notice. Allergies? Please inform our staff of any food allergies or food sensitivities. Nutritional information on menu items is available at all Boston Pizza restaurants as well as at BostonPizza.com. Pepsi, Diet Pepsi*, 7Up*, and MUG* – owned or used under license by PepsiCo Canada ULC. SCHWEPPES and 'DR PEPPER are trademarks used under license by Canada Dry Mott's Inc. Brisk – Unilever Canada Inc. used under license. The Meateor, Squarefooter, GlutenWise, All Meat Bites, and Pasta Tuesday are trademarks of Boston Pizza International Inc., used under license. Boston Pizza and the Boston Pizza roundel are trademarks of Boston Pizza Royalties Limited Partnership, used under license. © Boston Pizza International Inc. 2025.