

# TASTES LIKE SUMMER







## PIZZA FLIGHTS

22.29

Your choice of three 6" pizzas, served with honey dill dip, Sriracha ranch dip, and creamy garlic dip. Try the **NEW** Summer Pesto Chicken Pizza in a Pizza Flight!



## NEW CHERRY COLA BEEF SLIDERS

15.99

Cherry Cola BBQ shaved beef on three garlic-toasted slider buns with cheddar, roasted red onions, sweet peppers, and mayo.

Add a side starting from:

3.00



## NEW SWEET HEAT CHICKEN SANDWICH

19.99

Pineapple habanero glazed fried chicken breast, topped with pineapple slaw, lettuce, tomatoes, and mayo on a toasted brioche bun. Served with your choice of one side.



## NEW CAJUN CHICKEN CAESAR WRAP

19.29

Cajun chicken, lettuce, tomatoes, bacon, cheddar, green onions, and Caesar dressing wrapped in a grilled flour tortilla. Served with your choice of one side.



## NEW FISH & CHIPS

22.29

Two beer-battered haddock fillets served with fries, coleslaw, honey dill dip, and tartar sauce.



## NEW SUMMER PESTO CHICKEN PIZZA

Signature pizza dough topped with basil pesto sauce, pizza mozzarella, seasoned grilled chicken, roasted red peppers, red onions, and goat cheese.

I 15.29 M 28.69

S 19.89 L 33.99

8" Cauliflower Crust 19.29 **G**



## NEW FISH TACOS

18.99

Three soft tacos filled with Cajun-dusted fried haddock, creamy lime coleslaw, tomatoes, pizza mozzarella, green onions, avocado lime sauce, and cilantro.

Add a side starting from:

3.00



## NEW CACTUS CUT SUNDAE

7.99

The ultimate sweet and spicy combo! Our signature Cactus Cut Potatoes, topped with vanilla ice cream, maple caramel, bacon, and icing sugar.

**G** **GlutenWise**®+ **Spicy Level** 1 Mild 2 3 Hot

Must be legal drinking age. Prices do not include applicable taxes and are subject to change without notice. Allergies? Please inform our staff of any food allergies or food sensitivities.   
+ GlutenWise® items are prepared with gluten-free ingredients, however cross contamination may occur during preparation. Nutritional information on menu items is available at all Boston Pizza restaurants as well as at [BostonPizza.com](https://www.bostonpizza.com). Boston Pizza and the Boston Pizza roundel are trademarks of Boston Pizza Royalties Limited Partnership, used under license.   
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# BIG SIP ENERGY

## NEW SPIKED WHITE PEACH RED BULL

10.49

Red Bull Summer Edition with the taste of white peach, spiked with Polar Ice Vodka. (1 oz)

**Boston Size It (add 1 oz) 3.50**

## NEW TROPICAL SLUSH MARGARITA

9.79

Altos Plata Tequila, Triple Sec, strawberry puree, pineapple syrup, lime juice, and citrus slush. Garnished with mint and a lime wedge. (1 oz)

**Boston Size It (add 1 oz) 3.50**

## NEW SPICY MARGARITA

10.99

Altos Plata Tequila, spicy agave, Triple Sec, and lime juice, with a Tajin rim. (2 oz)

## CLASSIC MARGARITA

10.49

Altos Plata Tequila, Triple Sec, lime juice, and a salted rim. (2 oz)

## BULLDOG MARGARITA FISHBOWL

15.59

Altos Plata Tequila and Triple Sec blended with lime juice and served with a bottle of Corona Extra. (1.5 oz spirit, 330 ml Corona)

## NEW RED BULL SUMMER EDITION

6.29

The taste of white peach with a touch of citrus peel and floral notes.

## BUCKET OF 5 CORONA

30.00

Five Corona Extra, served on ice in a bucket. Must be shared.



APPS & SHAREABLES

A The Triple Play 2

A shareable portion of three guest favourites: Bandera Bread, Thai Bites, and Cactus Cut Potatoes. 23.99 (Serves 4; 435 Cals/Serving)

Bandera Bread 1

Pizza bread, Italian spices, pizza mozzarella, and Parmesan. Served with Santa Fe ranch dip.

Individual 13.99 (960 Cals)

Medium 24.99 (Serves 4; 515 Cals/Serving)

Thai Bites 2

Breaded chicken, sweet Thai chili sauce, crunchy Asian noodles, carrots, green onions, and sesame seeds. 17.59 (Serves 2; 330 Cals/Serving)

Cactus Cut Potatoes 2

Spicy and thinly sliced fried potatoes. Served with cactus dip. 13.99 (Serves 3; 390 Cals/Serving)

Deep Fried Pickle Wedges 1

Dill pickle spears, lightly fried and served with buttermilk ranch dip. 11.59 (Serves 2; 280 Cals/Serving)

Spinach & Artichoke Dip 1

Spinach, artichokes, roasted garlic, pizza mozzarella, Cajun seasoning, tomatoes, feta, and Parmesan. Served with pizza bread. 16.29 (Serves 3; 380 Cals/Serving)

NEW Ultimate Canadian Poutine

Bacon strips, cheese curds, pizza mozzarella, and maple gravy piled on fries and topped with green onions. 15.99 (1300 Cals)

Classic Nachos

Tortilla chips topped with cheddar, pizza mozzarella, green peppers, olives, jalapeños, tomatoes, green onions, and your choice of protein. Served with salsa and sour cream. 22.29 (Serves 5; 420 Cals/Serving)

Choose from:

- Seasoned Ground Beef (130-260 Cals)
- BBQ Chicken (70-140 Cals)
- Spicy Chicken (60-120 Cals) 1
- Barbacoa Beef (150 Cals)

Add guacamole 4.39 (160 Cals)

Starter size 16.99 (Serves 3; 350 Cals/Serving)

Quesadillas 1

A stack of mini quesadillas packed with pizza mozzarella, cheddar, fire-roasted corn, onions and peppers, ancho chipotle sauce, fresh tomatoes, and green onions. Served with salsa and sour cream. 15.29

Choose from:

- Grilled Chicken (790 Cals)
- Barbacoa Beef (820 Cals)

Add a side starting from: 3.00

Garlic Parmesan Fries

Golden fries tossed with garlic and Parmesan. Served with cactus dip. 10.99 (Serves 3; 385 Cals/Serving)

French Onion Soup

Rich beef broth with sherry and sweet onions, topped with crostini and baked with Gouda, provolone, pizza mozzarella, and Parmesan.

Bowl 10.59 (260 Cals)

Soup of the Day

Bowl Served with garlic toast. 9.59 (230-630 Cals)

Cup 6.99 (30-400 Cals)

WINGS & THINGS

Served with fresh veggies and your choice of blue cheese or ranch dip. Combos are single-sized and served with your choice of one side.

Fried Wings 1 or Oven-Roasted Wings G

(780-1650 Cals)

Single 17.59

Double 26.99

B Combo 20.99

All Meat Bites®

(570-1140 Cals)

Single 18.59

Double 28.99

Combo 21.99

Chicken Tenders

15.79 (400 Cals)

Combo 18.59

Choose Your Flavour

All flavours except BBQ and Maple BBQ are GlutenWise®. G

- Mild (150-300 Cals) 1
- Medium (110-220 Cals) 2
- Hot (80-160 Cals) 3
- BBQ (90-180 Cals)
- Hot Honey (100-200 Cals) 2
- Thai Chili (110-220 Cals) 2
- Honey Garlic (120-240 Cals)
- Maple BBQ (100-200 Cals)
- Sweet Thai Honey Garlic (120-230 Cals) 1
- Pineapple Habanero (140-270 Cals) 3
- Buffalo Ranch (190-380 Cals) 2
- Cajun Dry Rub (15-35 Cals) 1
- Salt and Pepper Dry Rub (5-10 Cals) 1
- NEW Lemon Pepper Dry Rub (10-30 Cals)
- Garlic Chili Lime Dry Rub (170-350 Cals) 1

Calorie range: Single-Double

Calories for sauce and sides are additional to those listed for wings.



1 Guest Favourite 1 Vegetarian G GlutenWise®

1 Spice Level 1 2 3 Mild Hot

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4-12) need an average of 1,500 calories a day. However, individual needs vary.





## PIZZA

- A Spicy Perogy** ★🔥  
Sour cream, bacon, Cactus Cut Potatoes, pizza mozzarella, cheddar, green onions, and a dollop of sour cream.  
I 14.99 (1040 Cals/Pizza)  
S 19.49 (230 Cals/Slice)  
M 28.79 (300 Cals/Slice)  
L 33.99 (360 Cals/Slice)  
8" Cauliflower Crust 18.99 (1090 Cals/Pizza) **G**
- B Whisky BBQ Chicken** ★  
J.P. Wiser's Whisky BBQ sauce, BBQ chicken, bacon, balsamic-roasted red onions, pizza mozzarella, cheddar, and a buttermilk ranch drizzle.  
I 15.79 (940 Cals/Pizza)  
S 20.79 (210 Cals/Slice)  
M 29.99 (260 Cals/Slice)  
L 35.99 (320 Cals/Slice)

### Carbonara Pizza

Garlic butter, Alfredo sauce, grilled chicken, bacon, pizza mozzarella, Italian spices, and Parmesan.  
I 14.99 (900 Cals/Pizza)  
S 19.79 (200 Cals/Slice)  
M 28.79 (260 Cals/Slice)  
L 34.59 (310 Cals/Slice)  
8" Cauliflower Crust 18.99 (980 Cals/Pizza) **G**

### Tropical Chicken

Alfredo sauce, spicy chicken, bacon, pineapple, pizza mozzarella, and cheddar.  
I 15.29 (870 Cals/Pizza)  
S 19.79 (190 Cals/Slice)  
M 28.99 (250 Cals/Slice)  
L 34.79 (300 Cals/Slice)  
8" Cauliflower Crust 19.29 (950 Cals/Pizza) **G**

### NEW Triple Pepp Pizza

Signature pizza sauce, pizza mozzarella, and a hat trick of pepperonis: traditional dry-cured, shredded, and cup-and-crisp.  
I 14.49 (860 Cals/Pizza)  
S 18.79 (180 Cals/Slice)  
M 28.29 (240 Cals/Slice)  
L 33.29 (290 Cals/Slice)  
8" Cauliflower Crust 18.59 (940 Cals/Pizza) **G**

### NEW Italian Deli Pizza

Signature pizza sauce, pepperoni, smoked ham, cherry tomatoes, mushrooms, pizza mozzarella, Italian spices, and a creamy Alfredo drizzle.  
I 14.99 (730 Cals/Pizza)  
S 19.29 (150 Cals/Slice)  
M 28.79 (200 Cals/Slice)  
L 34.49 (240 Cals/Slice)  
8" Cauliflower Crust 19.09 (810 Cals/Pizza) **G**

### Deluxe

Signature pizza sauce, pepperoni, smoked ham, green peppers, pizza mozzarella, and mushrooms.  
I 14.49 (720 Cals/Pizza)  
S 18.99 (150 Cals/Slice)  
M 27.99 (200 Cals/Slice)  
L 32.99 (240 Cals/Slice)  
8" Cauliflower Crust 18.49 (800 Cals/Pizza) **G**

### Mediterranean

Signature pizza sauce, pizza mozzarella, feta, olives, spinach, mushrooms, red onions, fresh tomatoes, and a pesto drizzle.  
I 14.99 (840 Cals/Pizza)  
S 19.29 (160 Cals/Slice)  
M 28.79 (230 Cals/Slice)  
L 34.29 (280 Cals/Slice)

### Vegetarian

Signature pizza sauce, pizza mozzarella, mushrooms, green peppers, red onions, Italian spices, and fresh diced tomatoes.  
I 13.99 (620 Cals/Pizza)  
S 18.79 (130 Cals/Slice)  
M 27.99 (170 Cals/Slice)  
L 32.79 (210 Cals/Slice)  
8" Cauliflower Crust 17.99 (690 Cals/Pizza) **G**

### The Meateor™

Beefy Bolognese sauce, spicy Italian sausage, pepperoni, seasoned ground beef, smoked ham, and pizza mozzarella.  
I 14.99 (850 Cals/Pizza)  
S 19.29 (180 Cals/Slice)  
M 28.79 (240 Cals/Slice)  
L 34.49 (300 Cals/Slice)  
8" Cauliflower Crust 18.99 (900 Cals/Pizza) **G**

### Royal Hawaiian

Sweet Thai honey garlic, smoked prosciutto, bacon, pineapple, red onions, Gouda, provolone, Parmesan, pizza mozzarella, and sesame seeds.  
I 15.79 (910 Cals/Pizza)  
S 20.49 (200 Cals/Slice)  
M 29.79 (270 Cals/Slice)  
L 35.49 (320 Cals/Slice)  
8" Cauliflower Crust 19.79 (960 Cals/Pizza) **G**

## CREATE YOUR OWN PIZZA

### 1. Choose Your Size

8" Individual	11.99	6 Slices	(630 Cals/Pizza)
10" Small	14.99	8 Slices	(120 Cals/Slice)
13" Medium	21.79	10 Slices	(160 Cals/Slice)
15" Large	25.99	12 Slices	(200 Cals/Slice)

### 2. Choose Your Crust

BP's Original Crust    8" Cauliflower Crust **G** 15.99 (700 Cals/Pizza)

### 3. Choose Your Toppings & Pizza Dips

Extra charges apply. Not sure what we've got? Just ask!  
Additional toppings range from 5-320 calories per topping.

### ADD A DIP FOR 3.29

All pizza dips are GlutenWise®. **G**

- Blue Cheese (340 Cals)
- Cactus Dip (380 Cals)
- Chipotle (270 Cals)
- Creamy Garlic (450 Cals)
- Honey Dill (520 Cals)
- Hot Honey Garlic (100 Cals)
- Pizza Sauce (50 Cals)
- Ranch (450 Cals)
- Santa Fe Ranch (300 Cals)
- Sriracha Ranch (380 Cals)

## NY SICILIAN SQUAREFOOTER™ PIZZAS

12-inch square pizzas, topped edge to edge on our soft, airy dough with a crispy garlic crust!

- C Buffalo Chicken Pizza** 🔥  
Buttermilk ranch sauce, spicy chicken, pizza mozzarella, red onions, green onions, and drizzles of Buffalo hot sauce and buttermilk ranch. 31.99 (350 Cals/Slice)

### Loaded Pepperoni & Bacon Pizza

Signature pizza sauce, shredded pepperoni, bacon, pizza mozzarella, cheddar, and a pizza sauce drizzle on top. 31.99 (370 Cals/Slice)

### NEW Pineapple Express Pizza

Signature pizza sauce, BBQ chicken, pineapple, pizza mozzarella, red onions, and a smoky BBQ sauce drizzle on top. 31.99 (240 Cals/Slice)

### NEW Create Your Own 2-Topping Pizza

31.99 (250 Cals/Slice)

Calories for toppings are additional and range from 5-320 Cals.





# PASTA

All pastas are served with garlic toast (180 Cals). Upgrade to a 3-Cheese Toast for 3.99 (270 Cals).  
Make It a Meal: 3-Cheese Toast & Starter Salad for 10.49 (440-530 Cals).

**A Jambalaya Fettuccini** ★🔥

Grilled chicken, marinara sauce, shrimp, spicy Italian sausage, tomatoes, green peppers, green onions, and Cajun seasoning. 23.79 (1350 Cals)

**B The Hungry Carnivore** ★

Penne, beefy Bolognese sauce, spicy Italian sausage, meatballs, pepperoni, and vegetables. Served with bacon-crustured garlic cheese toast. 23.99 (1690 Cals)

**Smoky Mountain Spaghetti & Meatballs**

A mountainous serving of spaghetti Bolognese, topped with three meatballs, cheddar, and Parmesan. 23.79 (2010 Cals)

**Parmesan Shrimp Alfredo**

Spaghetti, white wine Alfredo sauce, garlic-sautéed shrimp, spinach, cherry tomatoes, Parmesan, and lime zest. 22.59 (1160 Cals)

**Chicken & Mushroom Fettuccini**

Diced grilled chicken, Alfredo sauce, mushrooms, tomatoes, and green onions. 23.29 (1250 Cals)

**Spicy Buffalo Chicken Mac & Cheese** 🔥

Macaroni, cheesy Buffalo Alfredo sauce, crispy Buffalo chicken, red peppers, topped with panko breadcrumbs, green onions, and Parmesan. 21.79 (1320 Cals)

**Baked Seven-Cheese Ravioli**

Ravioli stuffed with Parmesan, Emmental, ricotta, fontina, and Romano, baked with pizza mozzarella and cheddar. Served with your choice of sauce. 22.29 (710 Cals)

**Creamy Mushroom & Spinach Bake** 🌿

Penne, garlic pesto cream sauce, baby spinach, mushrooms, Gouda, provolone, pizza mozzarella, and Parmesan. 19.99 (1410 Cals)

**Mac & Cheese**<sup>5</sup> 🌿

Macaroni, cheesy cream sauce, cheddar, provolone, Gouda, pizza mozzarella, and Parmesan, topped with cheese and panko breadcrumbs, baked until golden brown. 18.99 (1120 Cals)



# CREATE YOUR OWN PASTA

Starting at just 15.99  
GlutenWise<sup>+</sup> Pasta 17.39 **G**

**1. Choose Your Noodle**

- **Fettuccini** (590 Cals)
- **Penne** (450 Cals)
- **Spaghetti** (590 Cals)
- **GlutenWise<sup>+</sup> Fusilli** (540 Cals) **G**
- **Macaroni** (400 Cals)

**2. Choose Your Sauce**

All pasta sauces below are GlutenWise<sup>+</sup> **G**

- **Tomato Marinara** (160 Cals) 🌿
- **Rosé** (220 Cals) 🌿
- **Creamy Alfredo** (270 Cals) 🌿
- **Beefy Bolognese** (160 Cals)

**3. Add Your Proteins and Vegetables**

All proteins and vegetables below except Meatballs are GlutenWise<sup>+</sup> **G**

- **Mushrooms** 1.99 (5 Cals)
- **Green Peppers** 1.99 (5 Cals)
- **Onions** 1.99 (10 Cals)
- **Spinach** 1.99 (10 Cals)
- **Tomatoes** 1.99 (10 Cals)
- **Bacon** 2.79 (110 Cals)
- **Spicy Italian Sausage** 2.79 (80 Cals) 🔥
- **Three Meatballs** 4.99 (510 Cals)
- **Shrimp** 4.99 (35 Cals)
- **Grilled Chicken Breast** 6.29 (150 Cals)
- **Salmon Fillet** 9.49 (370 Cals)

Calories in each section of Create Your Own Pasta are additional.

# JOIN US FOR PASTA TUESDAY®

**Gourmet Pasta**  
just 15.99 (710-2010 Cals)  
**Create Your Own**  
from 11.99 (560-860 Cals)  
Add a **Starter Caesar Salad**  
for 5.99 (260 Cals)



HANDHELDS

All Handhelds are served with your choice of one side, excluding Tacos.

Thai Chicken Wrap

Thai chili chicken, shredded lettuce, red onions, carrots, cilantro, mayo, and crunchy Asian noodles in a grilled flour tortilla. 17.79

Choose from:

- Grilled Chicken (820 Cals)
- Breaded Chicken (860 Cals)

Boston Brute

Genoa salami, pepperoni, smoked ham, pizza mozzarella, onions, and our signature pizza sauce. Served with beefy Bolognese sauce for dipping. 19.49 (880 Cals)

Double the Meat for 4.19 (160 Cals)

A Big Philly Cheesesteak Dipper

Shaved steak, braised onions, crispy onion rings, red and green peppers, Italian cheese blend, and a smoky BBQ mayo. Served with sweet onion au jus. 20.79 (1080 Cals)

Grilled Chicken Clubhouse

Grilled chicken breast, bacon, lettuce, tomatoes, and a drizzle of our secret sauce, on a garlic cheese baked baguette. 19.49 (1040 Cals)

Available on GlutenWise\*\* bun 20.49 (830 Cals) G

Honey Dill Fried Chicken Sandwich

Buttermilk-breaded chicken, honey dill sauce, bacon, lettuce, tomato, pickles, on a toasted brioche bun. 19.99 (760 Cals)

NEW Fish Tacos

Three soft tacos filled with Cajun-dusted fried haddock, creamy lime coleslaw, tomatoes, pizza mozzarella, green onions, avocado lime sauce, and cilantro. 18.99 (750 Cals)

Add a side starting from: 3.00 (60-620 Cals)

B Chicken Tacos

Three soft tacos, creamy lime coleslaw, pizza mozzarella, tomatoes, ancho chipotle sauce, green onions, and cilantro. 17.79

Choose from:

- Grilled Chicken (850 Cals)
- Breaded Chicken (890 Cals)

Add a side starting from: 3.00 (60-620 Cals)

NEW Buffalo Chicken Sandwich

Buttermilk-breaded fried chicken breast tossed in your choice of mild, medium, or hot sauce. Topped with bacon, lettuce, tomato, pickle, and ranch dressing, on a toasted brioche bun. 19.99 (900 Cals)

Boston-Sized Burger

Two quarter-pound patties, cheddar, lettuce, tomatoes, red onions, pickles, and cactus dip, on a toasted brioche bun. 20.29 (1110 Cals)

Available on GlutenWise\*\* bun 21.29 (970 Cals) G

Add Bacon 1.99 (120 Cals)

Maple Bacon Burger

Quarter-pound beef patty, maple BBQ sauce, cheddar, candied maple bacon, lettuce, tomatoes, red onions, pickles, and mayo, on a toasted brioche bun. 17.99 (1040 Cals)

Cali Veggie Burger

Quarter-pound veggie burger, lettuce, tomatoes, red onions, and ancho chipotle sauce, on a toasted brioche bun. 18.79 (530 Cals)

Available on GlutenWise\*\* bun 19.79 (540 Cals) G

Vegan-friendly<sup>5</sup> option available 19.79 (540 Cals) G



SALADS

GlutenWise\* option for Salads available upon request. G

Fiesta Salad

Romaine, avocado lime dressing, diced ancho chipotle chicken, fire-roasted corn, onions and peppers, green onions, cheddar, tomatoes, guacamole, and cilantro. 18.99 (760 Cals)

Chicken Pecan Salad

Garden greens, candied pecans, pizza mozzarella, cheddar, bacon, cucumbers, carrots, tomatoes, and ranch dressing. 20.29

Choose from:

- Grilled Chicken (790 Cals)
- Breaded Chicken (950 Cals)

Chicken Caesar Salad

Grilled chicken, romaine, bacon, croutons, and Parmesan. 19.49 (680 Cals)

Garden Salad

Garden greens, red peppers, red onions, cucumbers, carrots, beets, and citrus vinaigrette. 14.79 (360 Cals)

Add Grilled Chicken 6.29 (150 Cals)

Add Salmon Fillet 9.49 (370 Cals)

BOWLS

Power Bowls

Quinoa, brown rice, spinach, cherry tomatoes, guacamole, beets, carrots, roasted red peppers, and cucumbers.

Choose from:

- Citrus, Cumin & Sesame-Glazed Salmon 23.79 (1260 Cals) G
- Honey Dill Grilled Chicken 20.59 (1080 Cals) G
- Honey Dill Breaded Chicken 20.59 (1230 Cals)

A Barbacoa Burrito Bowl

Barbacoa beef, fire-roasted corn, onions and peppers, with cherry tomatoes, jalapeños, cheddar, sour cream, ancho chipotle sauce, and guacamole, served on quinoa and brown rice. 20.49 (1060 Cals)

MAINS

C Chicken Parmesan

Buttermilk-breaded fried chicken breast, marinara sauce, and pizza mozzarella. Served with spaghetti marinara, garlic toast, and your choice of one side. 23.79 (980 Cals)

NEW Fish and Chips

Two beer-battered haddock fillets served with fries, coleslaw, honey dill dip, and tartar sauce. 22.29 (1430 Cals)

NEW Rib & Wing Duo

Half a rack of our slow-cooked pork back ribs and five oven-roasted chicken wings both in your choice of sauce. Served with fries, coleslaw, and garlic toast. 29.99 (1250 Cals)

Slow-Roasted Pork Back Ribs

- Full Rack 30.29 (1140 Cals)
- Half Rack 21.99 (730 Cals)

Tender, slow-cooked ribs with your choice of sauce. Served with coleslaw, garlic toast, and your choice of one side.

Choose from:

- BBQ (90-180 Cals)
- J.P. Wiser's Whisky BBQ (90-180 Cals)
- Honey Garlic (120-240 Cals) G

Calories for sauce are additional to those listed for ribs.

NY Strip Loin Steak

Canadian 10-ounce AAA strip loin steak aged a minimum of 28 days. Served with garlic mashed potatoes, garlic toast, and your choice of one side. 29.99 (1040 Cals)



SIDES

Fries (340 Cals)

Caesar Salad (140 Cals)

Garden Salad (60 Cals)

Coleslaw (140 Cals)

Garlic Mashed Potatoes (320 Cals)

Quinoa and Rice Blend (610 Cals)

Roasted Carrots (70 Cals)

Or substitute for 4.29:

Cactus Cut Potatoes (580 Cals)

NEW Poutine (580 Cals)

Sweet Potato Fries (620 Cals)

Garlic Parmesan Fries (580 Cals)

Onion Rings (560 Cals)

GlutenWise\* option available for Coleslaw, Quinoa and Rice Blend, Caesar Salad, and Garden Salad. G

Calories for sides are additional to those listed for Mains and Handhelds.



# NON-ALCOHOLIC DRINKS

## Non-Stop Pop

Free refills 3.99 (0-170 Cals)



## NEW Island Breeze Sparkler

Orange juice, lime, exotic fruit syrups, and a splash of soda. 4.79 (130 Cals)

## NEW Strawberry Pineapple Sparkler

Strawberry puree, pineapple syrup, lime, and a splash of soda. 4.79 (140 Cals)

## Unicorn Lemonade

Brisk® Lemonade topped with iced blue verbena tea. 4.99 (40 Cals)

## Fruit Juice

4.49 (160-170 Cals)

## Energy Drinks

Red Bull 6.29 (110 Cals)

Red Bull Sugarfree 6.29 (5 Cals)

## Fever-Tree

Ginger Beer 4.59 (200 ml; 80 Cals)

Pink Grapefruit 4.59 (200 ml; 80 Cals)

## Milk

4.59 (190 Cals)

## Chocolate Milk

4.59 (240 Cals)

# GOT A SWEET TOOTH?

Ask to see our craveable  
Dessert Menu.



**LUNCH\*** MAIN + SIDE + DRINK  
MONDAY TO FRIDAY, 11 AM TO 3 PM

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4–12) need an average of 1,500 calories a day. However, individual needs vary.

\*\$15 Lunch special applies only to items on the \$15 Lunch menu and is available at participating restaurants during specific days and hours as determined by each location. Please ask server for \$15 Lunch special details. †GlutenWise® items are prepared with gluten-free ingredients, however cross contamination may occur during preparation. §Vegan-friendly items are prepared with vegan ingredients; however cross contamination may occur during preparation. Prices do not include applicable taxes and are subject to change without notice. Allergies? Please inform our staff of any food allergies or food sensitivities. Nutritional information on menu items is available at all Boston Pizza restaurants as well as at [BostonPizza.com](http://BostonPizza.com). Pepsi®, Diet Pepsi®, 7UP®, and MUG® – owned or used under license by PepsiCo Canada ULC. SCHWEPES and DR PEPPER are trademarks used under license by Canada Dry Mott's Inc. Brisk – Unilever Canada Inc. used under license. The Meateor, Squarefooter, GlutenWise, All Meat Bites, and Pasta Tuesday are trademarks of Boston Pizza International Inc., used under license. Boston Pizza and the Boston Pizza roundel are trademarks of Boston Pizza Royalties Limited Partnership, used under license. © Boston Pizza International Inc. 2025.